

MOVING | Out (the checklist) | & Up

EIGHT Weeks Before

- Contact moving company, if hiring movers
- Create a budget
- Take inventory of valuable items
- Give your landlord notice

SIX Weeks Before

- Request medical and dental records
- Choose an official moving date
- Transfer school records
- Cancel memberships to local affiliations (gyms, clubs, etc.)

FOUR Weeks Before

- File change of address with the post office and place of work
- Notify subscription services
- Buy moving supplies (boxes, tape, etc.)
- Begin packing items that are not used often
- Notify utility companies
- Create a labeling system for the boxes
- Make arrangements with your bank and credit companies

TWO Weeks Before

- Finalize travel arrangements
- Plan meals for the next two weeks to use up food
- Dispose of flammable items

ONE Week Before

- Set aside valuables and personal items
- Begin cleaning rooms that you don't use frequently
- Finalize packing and labeling boxes
- Carefully pack electronics
- Measure furniture and doorways
- Fill important prescriptions

ONE Day Before

- Empty and clean your refrigerator
- Set aside move-in box with first-day essentials

MOVING DAY

- Pack a bag of essentials (set of clothes, toiletries, etc.)
- Gather road trip necessities
- Check every room before locking up
- With movers: Double check before signing off and arrive at new home beforehand